

About Terri Stark and Holly Hutcher-Shamir

Co-founders of One Heart Connection

When Terri Stark and Holly Hutcher-Shamir met, they quickly realized they shared a passion for helping others cultivate their unlimited human potential. As modern-day observers of the human spirit, they are dedicated advocates who empower people to look closely at ordinary day-to-day events to obtain a deeper understanding of life and the world.

Now, nearly a decade later, they have collaborated their professional expertise to form their company **One Heart Connection**, a springboard they utilize to teach their wholistic model for living. They aim to guide their clients towards positive transformation and self-actualization of their dreams and goals.

From their years of experience working as wellness practitioners, Holly and Terri have integrated their transformative strategies into their new book, ***The Quantum Olympics: Human Beings Transforming to Living as W(holy) Beings in the 21st Century***. Through tools, techniques, models and inspirational client stories, *The Quantum Olympics* inspires readers to identify what defines them, how they can improve their life, and how they can contribute to making the world a better place.



Terri Stark is a feng shui practitioner and wholistic wellness consultant. In addition to co-authoring *The Quantum Olympics* and being a founding partner of One Heart Connection, she is the owner of Inspiration Central, a consulting firm that provides services to individual, group and business clients in the areas of integrative coaching, feng shui consultations, organization and Soul Coaching®.

Terri holds a Bachelor of Science in business administration from Indiana State University and is a graduate of the Western School of Feng Shui Practitioner Training Program. Terri is also a certified soul coach and lives in Dayton, Ohio.



Holly Hutcher-Shamir advocates for others to reach unlimited human potential, she is a wholistic wellness consultant, and she is a founding partner of One Heart Connection. Holly worked in the high-end fashion industry for nearly two decades before discovering her true passion was for helping people heal from the inside out. In addition to being a founding partner of One Heart Connection and co-author of *The Quantum Olympics*, she has a heart-based naturopathic practice that provides consultations for individuals, groups and businesses integrating GYROKINESIS®, nutrition, brain tissue techniques, multiple bodywork modalities and human health sciences.

Holly has a Bachelor of Science from the University of South Carolina in finance and marketing, a Bachelor of Science and Master of Arts from Clayton College in natural health science and a doctorate in naturopathic medicine. She and her family live in Atlanta, Ga.

For more information about One Heart Connection or *The Quantum Olympics*, please visit www.oneheartconnection.com.